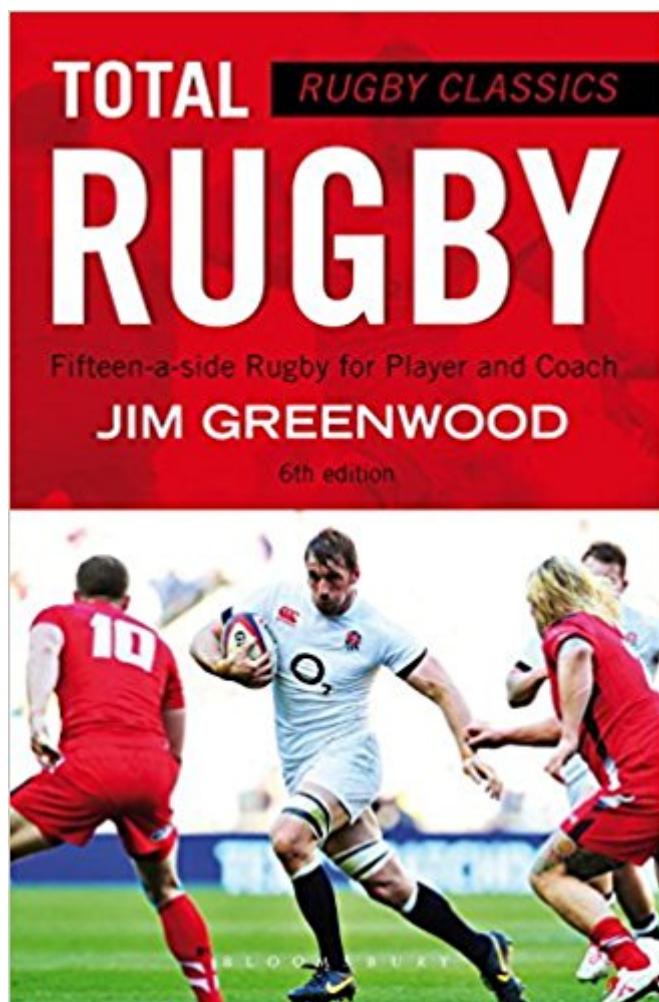


The book was found

Rugby Classics: Total Rugby: Fifteen-a-side Rugby For Player And Coach



Synopsis

Bloomsbury is proud to publish the Rugby Classics--two of the most important and influential books ever written on the game of rugby. Thousands of players and coaches around the globe have benefited from the concepts and methods in these books, equipping them with the coaching skills and strategy to play the very best in fifteen-a-side rugby. Total rugby is the antithesis of play-safe rugby--an open, ebullient game in which every player is encouraged to show what he can do as an attacker, defender, and supporting player. Highlighting inspirational rugby coach Jim Greenwood's radical examination of every facet of the game and his ability to clearly convey the wealth of knowledge he accumulated over many years in the sport, Total Rugby has become one of the game's most seminal coaching manuals.

Book Information

Series: Rugby Classics

Paperback: 320 pages

Publisher: Bloomsbury USA; 6 edition (September 1, 2015)

Language: English

ISBN-10: 1472918711

ISBN-13: 978-1472918710

Product Dimensions: 6.2 x 0.7 x 9.1 inches

Shipping Weight: 1.1 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 1 customer review

Best Sellers Rank: #952,532 in Books (See Top 100 in Books) #75 in Books > Sports & Outdoors > Other Team Sports > Rugby #1296 in Books > Sports & Outdoors > Coaching > Training & Conditioning

Customer Reviews

"It's still the only rugby coaching book I regularly refer to . . . In my opinion, this book is unrivalled--it sets out to give detailed solutions to coaching problems. It asks for technical excellence, without letting small mistakes slip by--demanding thorough preparation and attention to detail." •Sir Clive Woodward, Rugby World Cup "Winning England Head Coach" "I don't feel I'd started coaching properly until I'd read Jim Greenwood." •Ian McGeechan O.B.E., former British Lions Coach "It took maybe 20 minutes to recognise that Jim's way of coaching was the most effective I'd come across. I was an All Black then, and when I became the All Blacks coach I was into his methods, helped by his books. I still turn to them and highly recommend them." •Wayne Smith,

former All Blacks backs coach and Northampton Saints coach"Jim Greenwood remains the most important influence in my career. He was ahead of his time in every respect . . . without him womenâ™s rugby in the UK would not have been the same." •Lisa Burgess, Wales Assistant Coach and former Welsh captain"Jim Greenwoodâ™s books are my inspiration; they are my 'bible.'" •Bill Freeman, former Director of Coaching, NZ Rugby Football Union

Jim Greenwood was one of world's most highly regarded rugby coaches and was a distinguished player before shaping the game internationally with his renowned coaching techniques. He was the first rugby coach to be elected to the National Coaching Foundation's inaugural Hall of Fame and was also elected as an official Legend of Scottish Rugby. His two books, Total Rugby and Think Rugby, are considered to be seminal works on the game.

Excellent transaction. Item as described and fast shipping. Thank You.

[Download to continue reading...](#)

Rugby Classics: Total Rugby: Fifteen-a-side Rugby for Player and Coach How To Build The Rugby Player Body: Building a Rugby Player Physique, The Rugby Player Workout, Hardcore Workout Plan, Diet Plan with Nutritional Values, Build Quality Muscle Side-by-Side Hockey Stars: Comparing Pro Hockey's Greatest Players (Side-by-Side Sports) Rugby Classics: Think Rugby: A Guide to Purposeful Team Play My Side of the Mountain Trilogy (My Side of the Mountain / On the Far Side of the Mountain / Frightful's Mountain) Rugby's Great Split: Class, Culture and the Origins of Rugby League Football (Sport in the Global Society) The Art of Scrummaging: A History, a Manual and a Law Dissertation on the Rugby Scrum - A Rugby Scrum Thesis TOUCH RUGBY: The ultimate game-sense tool to teach rugby skills and decision making while having fun Rugby Revealed: Reaching Your Rugby Potential iCubed: The All Blacks' Winning Rugby Coaching System (iCubed: The Winning Rugby Coaching System Book 5) Touch Rugby: Everything You Need to Play and Coach Make Money As A Life Coach: How to Become a Life Coach and Attract Your First Paying Client Becoming a Professional Life Coach: Lessons from the Institute of Life Coach Training 101 Tennis Tips From A World Class Coach VOLUME 1: A Common Sense Approach to Tennis (101 Tennis Tips From A World Class Tennis Coach) Confident Coach's Guide to Teaching Lacrosse: From Basic Fundamentals To Advanced Player Skills And Team Strategies Hockey For The Coach, The Player, And The Fan Roller Hockey: The Game Within the Game: A Player and Coach Handbook Coach's Guide to Game-Winning Softball Drills: Developing the Essential Skills in Every Player (International Marine-RMP) THE OUTSTANDING YOUTH COACH: A Total System To Help

Young Athletes Reach Their Personal Best and Win More Often Professional Soccer Passing Patterns: Passing Patterns That Develop Technical Ability, Increase Coordination of Player Movements, Establish Timing & Rhythm, Increase Passing Accuracy and Player Focus

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)